

LOVIN' IT

DAWN MARSDEN

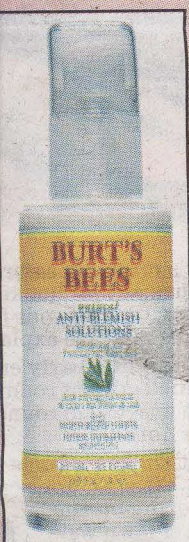
2401

A cocktail at one end and chocolate-covered beans at the other: life is sweet in the run-up to Christmas. And make sure to keep yourself looking good in-between...

► BRING a touch of Sex and the City to your party and serve a selection of glamorous cocktails. Funkin Cocktail mixes come in Margarita or Strawberry Daiquiri flavours and cost 99p from supermarkets. Add the sachet to a glass with a measure of your favourite spirit and ice, stir or shake and it's ready to serve.



◀ SPOTS always seem to strike at the worst time. Burt's Bees' new anti-blemish range uses salicylic acid to prevent blocked pores and stop dead skin cells building up. The range has cleanser, scrub, lotion and treatment gel. Prices from £9.99 at Boots.



◀ CORAL is the hot make up shade for autumn. It suits all skin tones and brings a little touch of sunshine to your day. New CID's i-glow Coral Crush blusher (Debenhams) is equipped with a light and mirror so you can perfect your look on the go.



► IT'S that time of year again — hair face an onslaught of wind, rain, overstyling and central heating. If winter takes its toll, help is at hand from Dove Damage Therapy. The range is packed with ingredients to moisturise, protect and nourish, to leave your locks silky, soft and smooth. Prices from £2.69 at chemists and supermarkets.



Delicious Chocolate covered Edamame beans.

The Healthy Choice!

► FOR a healthier alternative to your daily chocolate fix give Pod Bites (£2.95 from Selfridges and Harvey Nichols) a try. The dark chocolate and yoghurt covered edamame beans are a great source of soya protein and fibre and contain far less calories and fat than chocolate covered nuts and raisins.